

Let's talk about zero point state again.

We touched on it being a state of consciousness, some call the Akashic, that brings everything back to its pure state of being.

The zero point is also called by some as the god matrix field. The Energetic Core and Source of all Creation, the Still Point of Wholeness. It is the central point of union through the cosmic trinity/the three fold flame of the 13D-14D-15D rays (this is the mother arc, father arc and christed child). It is an infinite energy supply god source energy that is found in all living things.

Let me break it down into more of my language- Zero point field is a sacred heart resonance of love, it is where we find the union of our inner christ self. Love is the unifying, strengthening a radiating force it permeates through us. It is a place many of us have felt through this course when we go deep into our heart and surrender, in those moments of overwhelming emotion through the feeling of love. That is it. You are there.

Zero point= the central point of oneness.

In activating the third eye/pituitary and soul star to rise through earth's density and reach higher states of awareness we can find it, BUT only when we align with our heart in unison.

Being there helps us understand the eternity of the soul, we can see and discern the fears that have been pushed on us, or those we have inherited, because in this space there is NO fear. Only love. SO nothing holds us back from union with all, we are held in a universal frequency of love.

SO put simply you can re align yourself with the zero point field through connecting into your heart, as the force of love naturally aligns itself back into unity with the Zero Point Field. And we have been focussing on doing this in a conscious way so that you can see where this journey takes you after.

On a personal, planetary and universal level we are merging our particles into the zero point field, and this is where crystals come in to assist us in a deeper way. The Crystal's of this course support this journey specifically, especially the Stromatolite and Libyan Golden tektite. They are all helping your body reach this level of consciousness. And all of the activations on one layer have been a journey to this. Through supporting the cellular structuring that is happening now at this moment within you.

What is plasma light

I wish to explain this in the simplest way I can because it is complicated to wrap the mind around. So it is best for me to give you my experience of working with and connecting with it.

I have talked about how we are multidimensional beings with higher vibrational aspects of us existing on other dimensions. The connection I have with this frequency is through connecting with a aspect of me that works with the aurora guardians on that platform through the council of light to bring the integration of the waves of the next universe in, these higher frequencies of liquid (plasma) light.

These Plasma Waves of light are neutral light fields being transmitted into the synchronized ascending areas, to many of the crystals around the world that we have worked with, The plasma light is similar to the Aurora Borealis, oscillating in liquid cellophane of pulsing color waves.

I have been preparing my light body and aligning to the earth these past few years to receive and transmit those plasma waves as a conductor.

It has been my observation that from 2020 there has been an influx of light from the stargate on Andromeda, where the Aurora guardians - the aurora plasma light and rays for the next universe have been surging into certain sacred sites to connect with the Atlantean and Lemurian seed crystals underground within the crystalline grid. As above so below, The ancient crystals of Atlantis are lighting up again, giving us this joyous space to remember.

You have begun to align to your Diamond light templates.



Many crystalline activations come in through this course, helping us to remember our connections to our higher dimensional diamond templates that hold our crystal heart. The cells in our body are becoming more crystalline in structure at a fast rate as these higher frequency rays come in and our new light bodies are forming. Our bodies are moving from a carbon to crystalline template, transitioning into silica and diamond.

Clearing the trauma through a crystals and taking it back to its zero point state

Crystal Ethics

Unless you work with the mines directly and have someone on the ground you trust to inform you it is very hard to ensure the state of health of your crystal, know the way it was mined and the conditions it was mined under.

You are the one that needs to determine that, it's our responsibility and a huge responsibility of the seller. There are so many outlets selling crystal nowadays as they are trendy and many people just find it easy to hop on the trend to make some money or gain some followers. But you can see from this course that it is about much more than that, we are guardians of earth energy.

Many crystals are actually a by product of mining for metals, copper, gold, aluminium and so on. But there are many illegal miners that operate and there just not enough information known about the process. Bigger miners who extract quartz for technology or diamonds for jewelry (precious gem stones) have been known to strip mine, which harms the environment, ecosystem and endangers the people who work in the mine for low pay and terrible conditions. In the most part specimen mining usually has little or no direct impact on our planet.

Take the time to ask yourself these questions-

Are you a crystal hoarder?

Do you have a huge collection that you do not utilize?

Perhaps you could think about trading, when you have used them or feel they are ready for a new home, pass them on, this is a big part of our role here.

So that being said please buy your crystals consciously-

*Seek out a small hand miner- a gemologist who does it for the pure love of it.

*Buy from established mineral collections, in the USA they have estate sales you can look into.

*OR Mine your own, this is really fun, especially if you have kids to help out.

*It is good to get into the practice of sending healing to the earth, in thanks, each time you receive a new crystal.

A meditation to heal a crystal of trauma and take it back to its zero point state.

This is one of the personal ways I commune and work with all my crystals before I sell them. I do not let them go until I feel they are ready. This visual meditation is to connect in consciously with your crystals and to take you energy down to their energy matrix within the earth, it is not just about clearing its energy of negative imprints- yes this is a large part of it, but you will find some crystals do not hold negative imprints for example citrine and Selenite. So in this case doing this exercise with them is to connect deeply with their root energy and to strengthen the connection and most importantly asking the earth for permission.

*Hold your crystals either in the physical or in your mind to your heart,

*Calling the crystalline grids up from the core as they surround you, the golden grids descend from the heavens and come close to you merging with your energy field. These crystalline grids re-establish strong connections with the crystals you are holding. They merge in with it forming a connection you are conscious with.

*Take your energy within the crystal to the heart of it/them and focus intent on tracing back through their energy connection to the earth. You might feel like you are shown a movie real re tracing the movements and travelling they have done outside of the earth. I always energetically take them back to where they are from.

*I visualize the pocket of minerals they came from in the earth and sit with it, inside the earth. And consciously ask the stone guardians and energy of that place if it is ok that I work with and look after them. To which I feel an answer. It is a matter of respecting nature, seeking permission and respecting the earth.

A meditation to heal a crystal of trauma and take it back to its zero point state.

*While sitting with those crystals in the earth they were pulled from, you will get a sense of how happy they are, perhaps there is more healing work to do here through the land, offer your assistance.

*Refocus your heartfelt intention on consciously calling in the energies of the zero point field to ascend and descend through you, reaching up through your pineal/third eye/crow/soul star and stellar gateway chakra. And then ascending your connection to the grids of the earth up into your earth star chakra and into your body.

*Recalibrating and aligning back to this original pure energy state of love, hold your crystals in an ever expanding bubble of your heart's light, connecting you, so they can feel your heart's wishes and desires to work with them.

Say out loud or hold this in your mind as you hold this vision of your hearts light surrounding them
Holding in your mind the intention to clear and delete any imprints of energies that have negatively affected, hurt or damaged the crystal. Taking it back to its pure state in your heart.

Crystalline Mother Flame Activation.

There has been a progression of Gaia's kundalini energy through the earth since the dawn of time, it has been anchored for thousands of years within continents moving through thousand year cycles. For many years she has been focussed in the Himalayas of Tibet, where she graced her every unfolding love to the people and earth keepers there, where the people have tuned into her and nurtured her, she brings portals of great awakening and connection to mother arc frequencies of divine love and enlightenment. She recently moved to the andes region of South America where she continues to anchor the divine frequency of love.

My experience of her life stream and life force 'Shakti' energy within the earth, is the vision of a large pure white snake called Akana with crystal eyes, she who weaves her energy through the crystalline grids to hold us, this too is an energy that is often dormant in the base of our spine, but a part of her is there, waiting for the call to rise.

Many crystalline activations come in helping us to remember our connections to our higher dimensional diamond templates that hold our crystal heart. The cells in our body are becoming more crystalline in structure at a fast rate as these higher frequency rays come in and our new light bodies are forming. Our bodies are moving from a carbon to crystalline template, transitioning into silica and diamond.

It is time to wake up to the truth of our limitless soul, as there is a pathway of shakti energy in the earth so is there a Planetary Kundalini Current above us, it appears to me as a crystalline serpent in the sky, the crystal and diamond rays combine with higher frequency light from Andromeda to bring enlightenment and love, to help us heal serpent distortions through many timelines where they have been misused and to help us activate our shakti, kundalline flow within the heart.

This is not about a sexual awakening, it is much more, and it flows gently, mastering the balance of the mothers white flame in our heart with the fathers descending spirals within our heart is the path to ascension. This is about reconnecting to the mother within us, and opening to her gentle flow, to make way for the flow up from the base of our spine which began week 3.

We magnetize the cosmic flow of the crystalline serpent down from the heavens, as the combined rays present themselves in crystallized forms as a serpent, as it descends in spirals down through us, we call up the flow of Gaia's kundalini flow is ascends up through the earth's grids and into us, ascending and descending in unison through is to meet in our heart.

Meeting in our higher heart, we receive an initiation and welcome into the sacred heart resonance, that chimes in waves of sound so brightly. It is a place of pure love and devotion and it's accessible for all pure of intent and wanting to hold the vision of the new earth.

It is time to remember that now more than ever, that we are the crystal, we are the light, we are the love that is needed to heal all.

Other stones you could consider to simulate your Kundalini flow

Kundalini can be stimulated through an assortment of stones, the stones of this course, vanadinite, fulgurite and even lava stone will work together well. Working with carved flame shaped crystals stimulates that warmth and movement in the lower chakras which helps it awaken. Below I have mentioned some others I recommend to complement this healing.



Serpentine -This stone opens new pathways for kundalini energy, it also helps to harmonize the emotional body, and any fears around stepping into your power. It is a stone of confidence and wishes to help you find independence and courage. One of the beautiful ways she helps is to assist you in forgiving, helping you to clear your womb of unwanted crystallized patterns and to release them through past life and journeying work. She is a shamanic stone of great power, especially when teamed with fulgurite and anything fiery like carnelian or vanadinite.

She gives me the visual of meditating in a circle with her to help you harness healthy sexual energy and drive. A great stone to help you create boundaries especially around your womb space, and calling back power from those you gave away to sexual partners in the past.

Extra healing notes- Healing to do on your reproductive organs and womb space.

**On a side note we are moving through a time of great connection to the sacral, power and redefining our inner boundaries, where you will find you connecting back energetically with past partners to heal the relationship that has perhaps held in your energy body. This stone placed on your womb will help you re visit those moments in neutrality, and assist you in flushing them out. Please take time to do this work, it is very important. Accessing, acknowledging and then flushing it out with white light, using all the techniques of this course, visualising each cell and the space between cells to remove any energies that are not yours, flushing them, then claiming back your sovereignty



Serpentine comes in many beautiful shades of green, My favourite type is called **Atlantisite**, which is on the rarer side and very potent- it is darker green with purple stichtite, having all the properties as above it also connects in with lost wisdom of Atlantis. Combining the earthy powers of serpentine with the loving compassionate energies of Stichtite. Both stimulate kundalini, and this one links to the crown as well as heart. Awakening dormant energies in your heart that have been sleeping, the stichtite promotes protective energies. Where serpentine is about forgiveness, stichtite is about compassion, so a beautiful combination for you to work with to let go more.

Kundalini quartz

This is a natural formation of citrine varying in shades of yellow. It started to come out of the earth again in 2015 after 20 years. It is found in one remote area in the Congo, Africa. They often look like candle quartz or what is known as abundance quartz that has 9 or more smaller points around its base. It is a light and activating energy, but does need someone who understands the power of its ability to awaken to handle it, as in a healer that has years of experience and understands the energies of the stone. You must know what you're doing if you want to activate Kundalini energy in someone else. Keep something nearby to ground with after using it.

