

# The Ankh



## THE MYSTERY OF THE ANKH

*The ankh is a frequency activator and portal opener of our galactic brothers and sisters. A symbol of unity and eternity. But it meant so much more to the sisterhood of the priestess of Isis.*

The ankh means life, the Tree of Life; key of knowledge; power; union of heaven and earth; union of the sexes, truth; healer of duality, and hidden wisdom.

The Ankh was a symbol of the temple of Isis in Atlantis, it was and is a tool of alchemy used by the priest and priestess of many sects and orders. The loop unites the masculine fire with the feminine water, coming together, ever flowing and moving, at the center point which was the powerpoint of alchemy.

The loop, the transition point of energies to move through. Through the marriage and unity of the masculine and feminine came the marriage of any high vibrational frequencies in reflection of this. The planetary and star frequencies were woven together and passed through this Ankh which was a re-calibration device used for harmony and to sing with the music of the spheres. The Ankh was a part of the Higher Temple arts acts of devotion. It was not only held in high esteem by the priestess but by the priests of Malchezeldek too. There were specific frequency marriages through the ankh that we as priestess worked with - the female energies are on the left, you will see their masculine marriages on the right.

Venus - Mars

Neptune - Saturn

Pleiades - Sirius

Earths moon and the great central sun

Pluto - Jupiter

The grail keepers and brotherhoods of the masters, keepers of the flame and frequency of old still to this day protect the mysteries of the Ankh with their sisters. It is not something there is much information on as we are in a process of bringing through 'HERstory' and the true history of earth. In doing that, you will receive your own personal information on the ankh and its place in your lineage through this opening. One thing for sure is that this priestess used the Ankh with and in water through all rituals.

The Ankhs are keys to elemental alchemy of the highest order. The Ankh used in Atlantis was crystalline, forged as metal would have been. A crystalline flow of light and sounds created by angelic founders, there was a collection of energies that oversaw this creation. They called this tool a gift of the divine mother, and many high elven tribes. The 'seers' and 'makers' came forward with their vast knowledge of forging metal and light to serve and protect. The Ankhs used in Atlantis, were created in higher dimensions and then made into matter through the 5th Dimensional plane for those incarnated to use. The very basis of this was underpinned in light and created in Lemuria. The Lemurians and their knowledge of the water created the portal for alchemy with the elementals to seed this cosmic light to take matter for the future generations of humans. Much of the spiritual technology could not find form if it was not for the Lemurian ancestors and the seeding of the diamond light grid which anchored and radiated the holding, motherly light of creation.

In Lemuria we could shapeshift and change the molecular structure in our atoms to be one with the wind, the fire, the water, this was because we were not fully in a 3D body. This wisdom is passed down through the sacred symbol of the ankh. To work with the ankh was to work with a musical instrument. It sang and weaved planetary frequencies, beings would dance with them, and breathe light through them. The act of moving and clear energies through the ankh was used in the temple of healing arts in Atlantis. They were trained by the Goddess to connect with the ankh by dancing with it to move into alignment with its flow. There was a collection of crystalline ankhs in each temple in Atlantis, only a select few were to use these, and were trained in the mysteries of the marriage of planetary frequencies which mirror the marriage of god source energies through the higher heart.

Each Ankh was attuned and created for specific Harmonisation of energies. In the healing Temples in Atlantis Master Saint Germain trained those how to heal with the ankh as it offered the power to resynthesise densities (to recycle densities) in the body, It supported dematerialisation and interdimensional travel. The Ankh is in effect, when used with the correct wisdom and intent was an inter-dimensional portal to divine realms, you can imagine this alchemy was closely protected and guarded by the angelic founding races and lineages, because here you have a sacred portal device. Goddess Isis had her own rituals of creation she wove with this Ankh and her priestess, hers one of womb and sexual alchemy, it assisted opening up the birth channel when placed at the entrance of the yoni, it is a sacred 'birthing' tool.

Through the Ankh we can re-birth ourselves into high frequencies, when worked within her pools of light that assist in accelerating the ascension process for us, our mothers and mothers mothers.

### **Saint Germain**

*The Ankh will help you to 'see' that which you need to, it is a looking glass, created in the highest angelic light to lead you forwards on the path of righteousness, to the holiest of holies. Life is a path to walk, and we will walk it together, the ankh has always assisted us to walk in between worlds, to weave through the ordinary into the extraordinary. It offers solace in the inbetween, the void, the cosmic woman's womb of creation. Yes you would call it a portal, but to call it that is to limit its 'holy'.*

*It was sung into creation by the angelic emanations of god, its flame was cast through the eye of god and with the seals of the solar logos it was made matter. The spirit of sound is captured in the Ankh, creation and sound, its magic and mystery know no bounds, its ability to support creation, and to create. By bringing the ankh into your practice and devotional rituals you bring in the ability and support creating the divine in and through all you do.*

*The ankh unifies and brings separation into wholeness. It provides the vehicle for alchemy of the flames with the marriage of sound.*

### **The Ankh as a healing tool**

As dis-ease started to manifest in the later stages of Atlantis, due to the mental manipulation and experiments on the mind and body, the Ankhs were placed on energetic portals of the body, the 12 axiatonal lines, detecting and offering diagnosis of unharmonious currents picked up, they recycled and re-use energy in people. And sped up and energy currents that were needed. As well as being a portal these tools were concerned with flow and movement.

When the priest or priestess worked with them over the body they could reach through them to the root of energy disturbance, and they worked through them as these energy weavers provided the right vibrational space of holding. As well as physically working with these by moving their hands through the loop of life, they also used them at the mouth by breathing through them, by breathing this breath of life, it was felt it resurrected lost parts of the person through the portal, and supported them to connect with higher versions of themselves who could provide the healing needed, thus they were drawing on all divine aspects to heal themselves. They were worked with as keys, that inter locked, twisted and turned clockwise to open, anti clockwise to re-seal energies.

The Priestess in the Temple of Isis, elevated consciousness with them and worked with them in very much more of a flow state, bringing in the movement, the dance, the song, sweeping through the water with them over the body. The ankh took on a different healing recalibration and use for the priestess.

The ankh was a very important symbolism of ancient Egypt and was believed to hold the key of hidden mysteries. Goddess Isis and protector Anubis are often seen in ancient scenes, placing the Ankh against a dead persons lips to move the soul into the afterlife. It is also interesting to note that the Ankh is also known as the female cross, the circle representing the woman, the womb, the yoni, nature, chaos, death, spirit. The cross, the point of alchemy, the cross roads from spirit to physical. The shaft represents the penis, and human, a symbol of complete sexuality, the power of life.

The cross as it is represented in these times could be considered to represent death, the ankh is life. The divine birth priestess and initiators of sex magic, of the Isis and Magdalene orders, knew the capacity for this sacred feminine symbol to birth as a cosmic womb portal for power. Working with the ankh at the yoni and womb can connect you deeply to your shakti energy, your kundalini flow, with the ankh you can be as one with it and move and clear its pathway up your spine in a controlled flow. It supports the feminine flow of shakti in full force. It is a womb tool that can recalibrate the womb portal for creation, it will ripple harmonious currents through the eggs, uterus and channels within the womb, bringing it back online as the galactic portal it is. It is an important tool for removal of control devices, implants, programs, parasites and trackers from cosmic entanglements, and any disharmonious currents that we may have absorbed, consciously or unconsciously.

# *Priestess of Isis* DEVOTION RITE

It feels important to go into detail on this water Ritual of the Priestess of Isis as it is a part of time we are working on healing through us, it was a damaging time that we are reclaiming and re-harmonising for ourselves and through the acts and deeds that was said and done in Goddess Isis name.

In Ancient Egypt the Priestess of Isis had a series of 7 pools to move through. It was one of the harder 'devotion rites', as referred to as 'initiations', over the ages. These rites became more challenging as the priestess became infiltrated by those who wanted to disrupt and dismantle them. So these rites were more intense and lasted longer with witnesses who would observe and sometimes equally challenge with callous words and chants. Towards the end of the New Kingdom about 1,550-1,100 B.C.E these rites were treated as spectator sports. Where once conducted in holy spaces, alone, within the belly of the temple, they were brought out into the open and controlled by male figures, looked at as sports, for example the initiation by snake pit where many women died, the fire rituals, where the goddess Isis was invoked to protect the initiate as she walked through the fire, if she survived without a scar she was holy. There were water pits full of Nile crocodiles, to appease the god Sobek (the crocodile headed deity) that the women had to lay in without getting bitten or eaten, many priestess lost limbs in this process. This is exactly what it sounds like a 'trial' the ultimate test that ends in disfigurement or even death to prove your holiness. This heralded negative darker times of the priestesshood which we are healing from the toxic patterns and energies that took hold.

The sad thing was that no woman was safe, not even the elder temple mothers, where we saw during the witch trials in the 16 hundreds, many women turned on each other to protect themselves. And no matter your experience or high ranking position you could be put to these trials, what were once sacred devotion rights. were twisted, with sister turning on sister, the only way the temple elder could survive was to work for the male figures in power, or pay them off. This was regularly done, the youngest priestess initiate and adapts were offered as concubines, birthing vessels for the rich and powerful. A whole system of breeding programs began, which had been going on (physically) underground for a long time previously, this was a time it was more widespread and accepted.

Many of us women have wounds of this and Egypt was a particularly hard time for many of us that incarnated, a very powerful, but very hard time to be spiritually gifted. We are still reclaiming the body parts, facets, sexual power, and de-armouring the womb space and yoni from this time of cruelty.

## **The 7 Pools of Goddess Isis**

All rituals and ceremonies of the priestess included water, within, close to or with a vessel of water. This devotion rite recorded below was one known to be specific to the Priestess of Isis, it was a series of 7 pools or bodies of water that they moved through to connect with their Ka, Shakti and unified heart.

### **THE FIRST POOL - TRUE FORM**

This was the test of true form, as you looked into the waters you were presented with many images of yourself, until you could peel them back and sit with your true essence. After herbs and breathwork, the priestess was escorted underground to the first shallow pool deep within the temple complex by her temple sisters. They were left alone in the darkness with the small reflection pool in the ground and they were to gaze upon the surface. As they looked into the water they were presented with many versions of themselves, many past lives surfaced for them to witness. As if this water was a looking glass, once they had moved through the projections and images of them that were not true, they came home to their white fire core, their divine spark and light. This signalled the knowing and accepting of their divinity and a time to move onto the next pool.

### **THE 2ND POOL - TEMPTATION**

This devotion rite was about temptation and lust, and the importance of staying balanced and to decipher what is real and what is not, and what you need and what you do not. This source of water provided for divination was not a pool, this time it was a small simple bowl of water placed upon a table which has a distant memory of how it used to be in Atlantis. This rite involved plant medicine and the blue lotus flower, that altered states of consciousness, and involved one of her temple sisters to watch over her as a silent witness. You can imagine that this process could invoke fear within the priestess, these rites were not easy, they called forward many fears and shadows within them to be greeted. When the priestess was guided to the 2nd rite, she entered this underground cave like chamber the same as before, only this time the herbs brought forward the visions of grandeur, whatever was in her subconscious, it could appear as a golden temple full of riches and jewels, or hundreds of followers, whatever her subconscious desired, wishes and urges presented themselves to her and she had to discern and move through this space confronting them. Through coming to an open place of accepting, letting go and giving them space she could make peace with those parts of her. Many priestesses referred to this rite as 'The temple of temptation'.

As the herbs taken can induce altered states of consciousness that stimulate the pineal and pituitary glands the sister holding and watching over her had an important role, she was to be silent witness and also washed the priestess hands, feet and face with the bowl of water that she sat and gazed into. She did this every so often intuitively to bring her back into her heart and anchor her and ground her through her journey. Unless you were born into very strict temple training these were feelings that could be experienced by all. Even if the priestess had not knowingly experienced these feelings, they understood to a deep level in doing this training they were letting go of a lot of 'what ifs' they had to leave their family for long periods of time and dedicate themselves to the mysteries.

There was always a mix of women who found the Priestess for training, sister groups moved through rites of devotion with a mixture of ages among them, so many of the elder priestess who found the community later would have experienced these feelings and potentially had more inner work to do. Their practice of acknowledging very human emotions and sitting with them, was undertaken to understand the very human side of our incarnation. This is what the reflection pools were about, that quiet time to reflect and divinate on the path. This process could take hours, until the herbs had worn off and they could sit and talk about what she encountered as a group. It would be the choice of the individual if she felt she was to go through it again after rest.

### THE 3RD POOL - LETTING GO

This pool was again a simple shallow pool of water underground, where the priestess was invited to sit and place her feet or hands in and let go. Not only to her family on the physical, but to let go of herself, and offer herself to the divine. With this devotion rite came the opportunity to sit with the feelings of grief that welled up, but the water supported them with what the future would look like for them, it offered not only a glimpse but instilled a feeling of love.

This was a choice, it was not enforced on them, to let go was the only way, and it was a space that took time to move through because the initial human emotions overcame them. It was a lesson in 'ownership'. What is truly ours in this world? At any time it can all fall away, and what happens when you reach that time? It is a death, and a rebirth. Through the rituals of the reflection pools the priestess were asked to witness their death and rebirth over and over. Each time they had the opportunity to gain more strength from the experience, more love, more pieces of themselves. And a stronger sense of self.

#### THE 4TH POOL - ISLE OF ABYSS

This devotion rite was concerning the themes of solitude, learning to be alone with yourself, with all connection cut, from your guides, from spirit and the goddess and masters. All that is left is you and mother father god source. All you need is you, in full presence.

This took place in an underground cavern slightly bigger than the other chambers before. With a large crystalline pool of water, almost looking like a lake, in the centre was an island which the priestess was to station herself at. Here she stayed for 48 hours, sustained by her connection to mother father god source. Here she experienced separation, her connection was cut as well as all powers and gifts, it was during this period the most insightful visions and connection came with complete sensory deprivation, only the sounds of her breath and the waters, as she got herself into a deep state of meditation.

#### 5TH POOL- PORTAL OF DIVINE LOVE

After the tests of devotion the death and rebirth, separation and letting go the priestess was united with her soul family, through the reflections in in the water of her great cosmic family, and a rush of connection, love and downloads of information was passed to her, after she was deemed a clear vessel with bright blazing light. This beautiful insight was shared with glee after with her sisters, experiences and messages were recounted. Often in this chamber many star beings could visit through the water portal.

#### 6TH POOL - EXPANSION THROUGH AGELESS WATERS

There was a sense that once you got to the final pool's there was expansion, your devotion was marked by the ancestors that came to you, you had the opportunity to speak to the grandmothers, through your clear higher heart channel. Floating in the water to receive was commonplace.

#### 7TH POOL - BAPTISM OF LIGHT

The final pool deep underground provided the space for a baptism of light, a baptism of the soul in the sacred waters. It was a very secretive ceremony, witnessed by few, and held in such high regard. This final baptism signalled a moving up through the layers and levels of the priestess hood. A coming of age.

The whole process of the 7 reflection pools had no timeline, like healing, it was finished when that temple mother and adept could come together and realise that certain energies and frequencies had been realised. It could be paused and different rites could be repeated if needed.